U20 Ladies

Event	Record	Name		Venue	Year
100m	15.9	Anita	Prudence	Pixham	1995
200m	29	Zoe	Shannon	St. Mary's	2007
400m	66	Lucy	Horitz	Pixham	2001
800m	2.23.3	Georgie	Bruinvels	St. Mary's	2007
1500m	4.34.83	Elsa	Palmer	Brighton	2019
3000m	10.15	Georgie	Bruinvels	Birmingham	2007
3000m indoors	10.33.9	Claire	Thorne	Glasgow	2002
100m hurdles	25.7	Amelia	Maugouber	Stevenage	2009
1500m steeplechase	5.52.93	Elise	Hollis	Carshalton	2024
High jump	1.45	Katharine	Horner	Kingston	1995
Long jump	3.56m	Amelia	Maugouber	Hillingdon	2009
Triple jump	7.45	Amelia	Maugouber	Milton Keynes	2010
Javelin	29.98	Amelia	Maugouber	Crawley	2009
Discus	29.35	Amelia	Maugouber	Kingston	2010
Shot putt	9.52	Sarah	Bridgeman	Kingston	2010
Hammer	18.13	Amelia	Maugouber	Kingston	2010
Pentathlon	1676	Katharine	Horner	Pixham	1995
Pole Vault	3.1	Katharine	Horner	Epsom	1996
Heptathlon	2993	Katharine	Horner		1995
Road					
3 miles	21.10	Claire	Thorne	Poole	1999
5 miles	30.35	Georgie	Bruinvels	Reigate	2006
5 km	18.37	Georgie	Bruinvels	Hyde Park	2006
10 km	41.04	Becky	Gardner	Reigate	2010
Half Marathon	1.43.59	Hannah	Morris	Barns Green	2016
Marathon	3.30.00	Hannah	Burnett	London	2021